Trainingsplan 2021/2022

Stand: 22.07.2021

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Zeit
16:00			Purzels (2015-2017) 16:00 - 17:00			16:00
16:15						16:15
16:30			C2 (2008) 16:30 - 18:00		C2 (2008) 16:30 - 18:00	16:30
16:45						16:45
17:00	B-/C-Mädels 17:00 - 18:15	E2 (2012) 17:00 - 18:30		E2 (2012) 17:00 - 18:30	B-/C-Mädels 17:00 - 18:15	17:00
17:15		F1/F2 (2013/2014) 16:30 - 18:00		F1/F2 (2013/2014) 16:30 - 18:00		17:15
17:30	E1 (2011) 17:00 - 18:15		E1 (2011) 17:00 - 18:15			17:30
17:45						17:45
18:00		D2 (2010) 16:45 - 18:15		D2 (2010) 16:45 - 18:15		18:00
18:15	D1 (2009) 17:30 - 19:00		D1 (2009) 17:30 - 19:00		C1 (2007) 18:00 - 19:30	18:15
18:30						18:30
18:45		B (2005/2006) 18:15 - 19:45				18:45
19:00			C1 (2007) 18:00 - 19:30			19:00
19:15						19:15
19:30	A (2003-2004) 19:00 - 20:30		Alte Herren 19:30 - 21:00	1A/1B 19:30 - 21:00		19:30
19:45						19:45
20:00						20:00
20:15		1A/1B 19:45 - 21:15				20:15
20:30						20:30
20:45						20:45
21:00						21:00
21:15						21:15

Zusätzliche Informationen

A-Jun.	Training in Spachbrücken:
B-Jun.	Training bei Hassia